

ANNUNCIATION CATHEDRAL

HERAID



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 · 415 864-8000 · FAX 415 431-5860 · E-MAIL office@annunciation.org

A Taste of Greece



SAN FRANCISCO GREEK FOOD FESTIVAL

OUR 2007 FOOD FESTIVAL:

FRIDAY-SUNDAY, SEPTEMBER 28-30

uring the summer, everyone at the Cathedral has been busy planning for our Food Festival, which will take place on our grounds at 245 Valencia Street, San Francisco, Friday through Sunday, September 28, 29, and 30. A wonderful three-day celebration is being planned. New this year are expanded children's activities, under the oversight of Grace Koutoulas and her committee. In fact, this year, the entire parking area will be used for festival purposes (there will no parking on the back part of the lot). A third of the lot will be used for children's activities, and vendors will be spaced throughout,

with the band and dancing along the Valencia Street side of the lot, where music will mingle with the aroma of gyros and paidakia. Additionally, a portion of the proceeds (the entire income from the Festival's raffle) will go to **Ariana's Cure**.

Speaking of the raffle, we have some wonderful prizes this year: 1) a Samsung 46" Plasma HDTV 2) a Marvel Wine Refrigerator 3) a Nintendo Wii, with console, remotes and games and 4) \$250 cash. Look for your tickets in the mail within the next week. Two books of 11 tickets will be sent to Cathedral members. The donation is \$2 per ticket or \$20 per book. Should you require additional books, kindly call the Cathedral at 415 864-8000. All this implies a lot of volunteers. And, so, Sunday, September 9 has been designated as volunteer Sunday. You will have an opportunity to pick up posters and free passes. These can be distributed to your friends and neighbors. Everyone loves festivals, and especially San Francisco's only Greek Food Festival—our *Taste of Greece*.

Speaking of new things, we also have the Festival Singers, who will entertain us with the timeless songs of Hadzidakis and Theodorakis. Speaking of entertainment, we will also be featuring various dance groups, who will perform for us throughout the festival. As for bands, Mythos (from San Jose) will play on Friday (6-10 p.m.), the Spartans (from Santa Cruz), will play on Saturday (1-10 p.m.), and Mediterranean Soul (from Oakland) will play on Sunday (1-8 p.m.) The souvenir book, now in the process of being printed, has also exceeded all expectations and will be our best ever! Thank you to all who have taken out an ad, in memory of a loved one, to honor a graduate or celebrate an anniversary or the birth of a child or, in the case of a business, the opportunity to promote your business. Thank you to our sponsors, to those who have donated the produce, rice, sugar, and other ingredients, and to those who have made contributions to underwrite some of the items which will be featured at the festival: moussaka, pastitsio, bell peppers, mouth-watering pastries. Speaking of food, we're getting hungry. But, save your appetites for the Food Festival—that's Friday, September 28 (11 a.m. to 10 p.m.), Saturday, September 29 (11 a.m. to 10 p.m.), and Sunday, September 30 (12 noon to 9 p.m.)



SAN FRANCISCO'S ONLY GREEK FOOD FESTIVAL

FRIDAY, SEPTEMBER 28 11 AM - 10 PM SATURDAY, SEPTEMBER 29 11 AM - 10 PM SUNDAY, SEPTEMBER 30 12 PM - 9 PM

AUTHENTIC GREEK FOOD, MUSIC AND DANCING, SHOPPING, WINE TASTING, KID'S GAMES & MORE!

PRESENT THIS POSTCARD AND RECEIVE

ONE FREE ADMISSION

ATTENDED PARKING

COVER ARTWORK: RIP KASTARIS, PETRAFINE ART
PRINTING COURTESY OF THE BUD DUGGAN FAMILY
DUGGANS SERRA MORTUARY
DALY CITY FD 1098

DUGGAN'S

WWW.DUGGANSSERRA.COM

UNITED GREEK ORTHODOX COMMUNITY
OF SAN FRANCISCO, THE ANNUNCIATION
ANNUNCIATION CATHEDRAL
245 VALENCIA STREET
SAN FRANCISCO, CA 94103
415 864-8000
WWW ANNUNCIATION.ORG

A PORTION OF THE PROCEEDS FROM THIS YEAR'S FESTIVAL WILL GO TO ARIANA'S CURE





Why is the Lord's presence promised to two or three?

Because there, where two or three are gathered in the name of Christ, is the Church, the union of faith and love; there is mutual love.

Saint John of Kronstadt Nineteenth Century, Russia

DO YOU COOK?

Below is a schedule of the cooking during September. We invite you to come down and help out.

<u>Date</u>	<u>Item</u>	Time
Wednesday, September 12	Galaktoboureko	9 to 5
Tuesday, September 18	Kourambiedes	9 to 5
Wednesday, September 19	Bell Peppers	9 to 5
Monday, September 24	Dolmades	9 to 5
Tuesday, September 25	Souvlakia Preparation	5:30 p.m. to 10 p.m.
Wednesday, September 26	Rizogalo	9 to 5
Mid-September	Mousaka, Pastitsio and Kataifi	

For further information, please call the Cathedral office at 415 864-8000.



METROPOLITAN NIKITAS HEADS PAOI

The Patriarch Athenagoras Orthodox Institute (PAOI) has announced the arrival of His Eminence, Metropolitan Nikitas of Hong Kong, as Director of the Institute, effective July 30, 2007. Metropolitan Nikitas comes to the PAOI with the blessing of His All Holiness, Ecumenical Patriarch Bartholomew and the approval and endorsement of the Holy Synod of the Ecumenical Patriarchate.

Metropolitan Nikitas comes to the position after serving for ten years as Metropolitan of Hong Kong and Southeast Asia. An experienced clergyman, educator and administrator, he has studied and lived in various countries, cultures and societies. Metropolitan Nikitas was consecrated a Hierarch and named the first Metropolitan of Hong Kong and Southeast Asia in 1996. His see included the Exarchates of China, India, Indonesia, the Philippines and Singapore. He was born in Tampa, Florida and graduated from the University of Florida with honors, majoring in Religious Studies and Classics. He attended Holy Cross Greek Orthodox School of Theology from which he received his Master of Divinity Degree with Honors in 1980. He pursued his graduate studies at the University of Thessaloniki, Greece until November 1982. In 1983-1985 hef served as Legislative Assistant to the Hon. Michael Bilirakis in the U. S. House of Representatives.

The Patriarch Athenagoras Orthodox Institute is an affiliate member of the Graduate Theological Union at Berkeley, California, with a special relationship to the University of California. The Institute exists to study and disseminate Orthodox thought and culture. It offers courses at the Graduate Theological Union through the Alexander G. Spanos Chair in Orthodox Studies. Since 2004, the Institute has offered a Master's Program in Orthodox Studies. The Cathedral extends congratulations and best wishes to Metropolitan Nikitas and to the Institute.



His Eminence Metropolitan Nikitas, New Director of the PAOI



DINNER TO WELCOME METROPOLITAN NIKITAS SUNDAY SEPTEMBER 16

The Patriarch Athenagoras Orthodox Institute Board of Trustees, with His Eminence Metropolitan Gerasimos of San Francisco request the pleasure of your company at the welcoming Reception and Dinner celebrating the arrival of His Eminence Metropolitan Nikitas as Director of the Orthodox Institute on Sunday, September 16, 2007 at the Ascension Cathedral, 4700 Lincoln Avenue, Oakland. Reception and No Host Cocktails 5:30 p.m. to 6:30 p.m. Seating at 6:30 p.m. Processions and Introductions at 6:45 p.m. Dinner (Black Tie Optional) at 7:00 p.m. The donation is \$100 per person. The Annunciation Cathedral has reserved a table for the event. If you wish to attend the event and wish to be seated at the Annunciation Cathedral table, please call Mariam Arsinoos at the Annunciation Cathedral, 415 864-8000.

O radiant light of holy glory, the immortal Father, heavenly and holy, blessed Jesus Christ. And now that we have come to the setting of the sun with all the light of eventide, we praise You the Father, Son, and Holy Spirit, One God. It is worthy at all times to praise You, with voices of holy song, O Son of God and giver of life, the world does glorify You.

Vesperal Hymn: O radiant Light, Phos Ilaron

PHILOPTOCHOS NEWS

PHILOPOTCHOS PLANS TWO TRIPS IN OCTOBER

Both are bus trips. The first is a trip to Filoli Estate Gardens, Stanford Shopping Center, and the Testarossa Winery. It will take place on Thursday, October 11. We will leave the Cathedral at 9 a.m., arriving at Filoli Gardens for a guided tour at 10 .m. At noon we will arrive at the Stanford Shopping Center for lunch and shopping. Then, at 2:30 p.m., we will depart for the Testarossa Winery in Los Gatos, for wine tasting. We expect to return to the Cathedral at 5:30 p.m. The cost of the one-day trip, which includes the bus and the tour at Filoli Gardens is \$35 per person. For futher information and for reservations, please call Helen Markanton, at 415 922-1794.

The second trip leaves Annunciation Cathedral Friday, October 26 at 8 a.m., arriving at the St. Demetrios Chapel in Calistoga, where we will celebrate the Liturgy, at 10 a.m. Following, we will stop at a local winery for lunch and wine tasting. Then, we will proceed to Reno, NV for an overnight stay at Harrah's, departing Reno Saturday morning, at 11 a.m., returning to the Cathedral by 3 p.m.

The cost for the bus is \$65 per person (this is based on a minimum of 40 people). The cost for a room at Harrah's is \$120. If you share a room, the room cost is only \$60 per person. Upon arrival, Harrah's will give you a book of

coupons valued at \$150 per person. You may use the coupons for meals and other items.

In order to make a reservation: 1) call the Annunciation Cathedral at 415 864-8000. Tell Mariam Arsinoos to put you down for the bus. Then, 2) call Harrah's at 1-800-423-1121 and ask for Ellen Landino. She is handling the Annunciation Group. She will make your hotel reservation. She will ask for your credit card information. Each person is responsible for making your own hotel arrangement. As for the \$65 cost for the bus, you may make your check payable to Annunciation Philoptochos any time prior to the trip.



Filoli Estate & Gardens

CATHEDRAL PHILOPTOCHOS CO-SPONSORS BOOK SIGNING

Author Janey Bennett will read from her new book, The Pale Surface of Things, Sunday, November 4, 2007, following the Divine Liturgy, at the Annunciation Cathedral. She will also sign her book for those who wish to purchase a copy. A portion of the proceeds will go to the Greek Fire Relief Fund. Everyone is invited to attend. This event is being co-sponsored by Annunciation Cathedral and the Pan Cretan Association.

CATHEDRAL PHILOPTOCHOS EVENTS

Please note the following 2007-2008 Philoptochos events:

	o. zeco i ini	optochos events.
Date	Time	Location
Thursday, September 13	1 p.m.	Gen Meeting 2nd Floor Conf. Rm
Thursday, October 11	10 a.m.	Filoli Gardens Bus Tour
Thursday, October 18	7 p.m.	Gen Meeting 2nd Floor Conf.
Friday, October 26	8 a.m.	Calistoga/Reno Bus Tour
Saturday, November 10	12 noon	Children's Medical Fund Event
Thursday, November 15	1 p.m.	Gen Meeting 2nd Floor Conf.
Sunday, November 18	12 noon	Pre-Thanksgiving Luncheon
Thursday, December 13	7 p.m.	Gen Meeting 2nd Floor Conf. Rm.
Sunday, January 13	12 noon	Vasilopita & Brunch
Friday, January 18	6 p.m.	Crab Feed

CATHEDRAL'S EDUCATIONAL PROGRAMS RESUME

The Cathedral is pleased to offer four adult programs for learning and spiritual growth. They are:

- 1) the Wednesday morning Bible Study. Beginning September 5, at 10 a.m., with the Service of Holy Unction the first Wednesday of the month and the Service of Paraklesis the other Wednesdays, we convene in the second floor conference room for our Bible Study, which concludes at 12 noon. During our study, we will examine the Sunday morning Gospel pericopes (that is, the prescribed readings), with a view to their application in the liturgical life of the Church, as well as their applicability to our contemporary life. The class is taught by Father Stephen.
- 2) the Sunday morning class on Orthodoxy. Beginning September 9, at 9 a.m., this class is intended for those who wish to learn about the Orthodox Church, with a view to their being received into the Church through Baptism or (if already baptized in the Name of the Holy Trinitv) through Chrismation. It is also intended for those Orthodox who wish to learn more about their Faith. Often, we assume that, by virtue of the fact that we have been born into the Faith we necessarily know the fundamentals of the Faith. This is not the case, and, so, continuing education is paramount. The class is taught by Alexander Kozåk.
- 3) the Sunday Class on the Scriptures. This study, conducted in Greek, resumes September 9, continuing with an in-depth reading and explanation of the Book of Revelation (the last book of the Bible), chapter 16. An understanding of the

content is stressed by comparing the writings of various Church Fathers as well as those of contemporary theologians. The class is held in the second floor conference room and is taught by Marina Taylor.

Note: Occasionally, fraternal and other groups, as the Pan Messinians and the Byzantion Society, meet on Sundays. Understandably, they would like to meet in the conference room. However, because the room is typically reserved for the Bible Study,

organizations that would like to meet on an occasional Sunday should coordinate this with Ms. Taylor, so that the meetings are held on the Sundays when the Bible Study does not meet. In this way, everyone can be accommodated.

4) Learning Community. This is a class which was developed by Father Paul Schroeder, when he served as part-time assistant at the Cathedral. It is intended as an in-depth study of a book or books of Holy Scripture, vis-å-vis contemporary thought and contemporary life. An important part of Learning Community is a program which is called Community Link. Community Link convenes on Saturday mornings. (Community Link will meet next on Saturday, September 15, beginning at 9 a.m. Thereafter, if will meet on Saturday, October 20, Saturday, November 17 and on Saturday, December 15.) Following prayer and discussion, members, in pairs, visit homebound or otherwise shut-in parishioners. Community Link represents faith put into practice. As with the Wednesday morning study, Learning Community will examine the Sunday morning Gospel pericopes. However, for a seven-week period,

beginning in early October, Learning Community members will participate in the Agape Circle Project (described below). Learning Community will meet Thursday, September 6, and every Thursday thereafter (with the exception of Festival week), in the second floor conference room, at 7 p.m. The class is conducted by Father Stephen, while the coordinator for the Agape Circle project is Caroline Pappajohn.

CATHEDRAL TO PARTICIPATE IN AGAPE CIRCLE PROJECT

The Agape Project is a lay-led fellowship and spiritual growth program developed nationwide by Deacon Markos Nickolas, in connection with his doctorate program. Circles of 5 people are formed throughout the Archdiocese. One of these is being formed at the Annunciation Cathedral. The positive response with which this project is being met throughout the Archdiocese reinforces the perception that there is a wide need in our Church for ways to bring people together for Christ-centered fellowship and mutual support in living out the Christian call for agape.

In order to participate, individuals are asked to complete the first of three questionnaires, on line, seven weeks prior to the convening of the circle, and to sign a letter of informed consent granting permission for the use of their data in the study. Caroline Pappajohn will coordinate the Cathedral's Circle. If our fall circle is successful, then another or others will be formed in the spring. For more information on this exciting project, please visit agapecircle.com.

COMMUNITY LINK

very month, we hear about people who are sick, along, in the hospital, or otherwise in need, and we are not able to visit them because we don't have enough volunteers. This is why community link needs you. Here's what we do: We meet at the Cathedral for prayer and visit assignments, beginning at 9 a.m. Then, we make our visitations, starting at 10 a.m. Our visitations are concluded by noon. We do this one Saturday a month.

One cannot imagine the impact these visitations have on those whom visit as well as on ourselves. Smiles and enthusiasm abound. Help us make a difference, in the lives our fellow parishioners as well as in our own lives. Do join us as we visit those who are experiencing isolation because of illness or hardship, or who are otherwise in need. We also visit new parents.

Our next Community Link is Saturday, September 15, 9 am until noon. Thereafter, it is Saturday, October 20, Saturday, November 17 and Saturday, December 15. We look forward to seeing you. Why not also bring a friend? Meanwhile, if you know someone who would like a visit, who is not currently on our visitation list, please let us know. Contact Caroline Pappajohn, at 415 699-5633 or cpappajohn@yahoo.com.

Prayer is the strength of the body,

The prosperity of the household,

The good order of the city,

The might of the Kingdom,

The victory in war, the security in peace,

The unity of those divided,

The constancy of those united.

Saint Gregory of Nyssa

FOCUS ON YOUTH

SUNDAY SCHOOL

Sunday, September 9 is when Sunday School resumes, promptly at 10:30 a.m., ending at noon. With some 125 to 150 young people participating, Sunday School is one of the most important programs offered by the Cathedral. It teaches our Orthodox Christian Faith to our young people, through classroom learning, participation in various programs such as the Christmas program and the Oratorical Festival, as well as, most important of all, participating in the Divine Liturgy and receiving Holy Communion.

Although our young people spend the last half hour in church every Sunday, we will endeavor to enhance their worship experience by offering, in addition, a youth Liturgy more frequently, alternately celebrated by Father Stephen and Father Gregory.

Our Sunday School program is for young people, pre-K through high school. The program is led by a group of very dedicated volunteers. We are always in need of more teachers and, so, once again this year, we are appealing for additional volunteers. They are invited to speak with Father Stephen or Denise Yeilding. A Sunday School teachers meeting will take place at the Cathedral on Wednesday, September 5, at 7 p.m. We would also like to recap, for the benefit of our young people, as well as their parents, what we do in Sunday School, i.e. what we learn, how we go about it, what materials we use, and so on. In this issue of the Herald, we begin by recapping the 2006-2007 7th and 8th and high school year. In subsequent issues, we will feature recaps and projections by the teachers of all our other grades. Here we recall Gus Vouchilas' remarks as well as Caroline Pappajohn's remarks, offered during our graduation program in June:

7th and 8th:

"I'm delighted to have had the opportunity to serve the community as the 7th and 8th grade Sunday School instructor this year. It occurs to me that these years are uniquely formative and really prove to be a time when the children come into their own. I'm always amazed at the poignant and heartfelt questions the students have for which I sometimes lack an accurate or appropriate response due to their depth and spiritedness. You, their parents, should be very proud of your children as they are a reflection of your unique values and upbringing.

This year we kept in the spirit of addressing the means by which our faith can be integrated into daily life in an effort to carry forth the legacy which has been provided to us through Christ. We discussed how to take our true Christian beliefs and use them to help with decision making and with life's day to day issues that can arise unexpectedly. We examined peer relationships, school, friendships, family relationships, and then some. We discussed the challenges we may encounter and how to approach them as though through the eyes of our Lord.

We also looked at the meaning of our Orthodox holidays, the Holy Sacraments, fasting, forgiveness, and the meaning of the Ten Commandments. The students also participated in the making of "Prosforo" and partook in the Youth Divine Liturgy.

As some of the students will be moving on to high school, I wish them continued success and will miss them a great deal. I look forward to a year of continued learning, sharing, and understanding. Congratulations to the graduates."

High School:

"It's been my pleasure to discuss and learn alongside our high school youth this year. I'm grateful for the family members and friends who brought them to church each Sunday and for the engagement and enthusiasm of all the youth in our class. Thank you to each one of you!

So...what did we do?

This year, we continued our practice of varying the format of our classes. Our class formats included:

- discussions
- activities

- participation in 3 youth Divine Liturgies, and
- Community Service projects.
- 1. For our discussion classes, we covered a range of topics, including
- Pascha
- Pentecost
- All Saints Day;
- Halloween
- Praying to Saints
- · Christ's birth
- Elevation of the Holy Cross
- Fasting
- Theophany and our own Baptism and the role of godparents
- The Annunciation
- What it means to wear our crosses
- Doubting vs. believing in ourselves as children of a loving Father
- And, a regular practice of reading the Gospel lesson of the day and discussing what it meant for us as Orthodox Christians
- 2. Our activities centered around expressing our love in active and tangible ways, including:
- praying for others at the end of each class
- making cards for the community link shut-ins
- decorating the church Christmas tree
- making prosforo
- volunteering for the Greek food festival
- 3. Another activity was learning about the Orthodox Christian memorial service and, thanks to the generosity and coaching of John Dekaristos, making Koliva for a memorial service.
- 4. Finally, as a way of reviewing what we had learned in class, we held jeopardy style quizzes."

DO YOU WANT TO BE AN ALTAR PERSON?

serving in the altar is a wonderful and sacred thing. At the Cathedral, we boys serve at the Sunday Divine Liturgy as well as at special Holy Day services. Girls serve as "myrrh bearers" during Holy Week.

We are presently enrolling boys to serve in the altar. Service begins at age 10. Since boys this age are also in Sunday School, we assign the boys to "teams." Each team will serve one Sunday per month. We need minimum of five boys per Sunday. Therefore, we are looking to enroll about 20 boys in the program. Every six weeks, on a Saturday morning, we will have altar practice. Boys who wish to serve in the altar must also be available for the Saturday morning practice sessions.

We will conduct a recruitment during the first few Sundays of Sunday School. At that time, we will explain in more detail the duties and responsibilities of altar service and give you the opportunity to enroll.



For the correct upbringing of your children: few words, much example, and more prayer are necessary.

Reverend Father Epiphanios Theodoropoulos Counsels for Life

THE CATHEDRAL IS LOOKING FOR A GREEK SCHOOL TEACHER

The teacher should be willing able to identify and gather young people from the community and teach them the fundamentals of Modern Greek, with the result that students will learn to speak Greek and be able to read and write. This is a tall order, given the fact that Greek is no longer generally spoken in the home. However, a knowledge of the language is essential in fostering ethnic identity. More importantly, it enables one to study the New Testament and follow the Liturgy of the Church in the original language. Greek, as we know, is one of the world's oldest languages. As such, it is the language of one of the world's oldest, and most important civilizations. Those interested in this challenge should contact Father Stephen, at 415 864-8000.

DANCING UNDERWAY

Pollowing a rewarding summer of workshops, our Greek dance program is well under way. Seizmos (literally, "earthquake") is the name of our new group, essentially made up of GOYA-age youth. It practices Tuesday evenings. It is learning new dances and new songs, from lesser known parts of Macedonia and Thrace, for participation at FDF (Folk Dance Festival) in February, 2008. It is also practicing, along with Ta Angelakia, our younger group, for our Food Festival. Meanwhile Ta Angelakia will be practicing on Sundays, following the Divine Liturgy. We just need to get our little guys going, with the Festival only a month away.

In addition to learning new dances and new songs, our groups will also be making new costumes this year. For the festival, however, they will be attired in white shirts/blouses and black pants/skirts. For further information about the program, please E mail Athena Stavrakaras, haniotisa@hotmail.com.

Breakfast is one of the most neglected meals, yet it is important because it takes place at the beginning of the day. During those hours the family often seems to be simply running a relay race, to get everyone ready in time for work or school. Nonetheless, apart from morning prayer, which goes without saying, it would benefit children to begin the day with even five minutes' experience of their mother's and father's concern, love, and interest in what everyone is going to do that day. When a child leaves for school the mother can bless him, or pray: "God bless" or "the Mother of God be with you." All this does not only further psychological security; it is a safeguard against any negative influences the child may meet, and it is a link between the two worlds of home and school.

Sister Magdalen Children in the Orthodox Church Today

GOYA SPRING RETREAT

The GOYANS of Ascension Cathedral extend a special invitation to Annunciation Cathedral's GOYANS to attend their Annual Spring Lenten Retreat for teenagers in the 9th-12 grades on March 28-30, 2008 (Friday through Sunday). This three-day retreat will begin on Friday, March 30th, between Noon and 12:30 p.m. at the Monterey Wharf where we have lunch. At approximately 1:30 p.m. we will take a leisurely drive along the beautiful Monterey Coast to Pacific Grove and arrive at the Asilomar Conference Grounds around 2:30 p.m. As we await our room assignments we enjoy outdoor fellowship and ice-breaker games.

Each room in the two story deluxe housing has four single beds, many of them with fireplaces. The location is magnificent with sand dunes, beaches plus beautiful trees and wildlife. We depart on Sunday, March 30th around 1:15 p.m. after Divine Liturgy, Dedication Service, and Lunch. We will have a lot of time for discussion, roleplaying, singing, bonfires, games and frolic on the beach. We have a chance to receive Confession and Holy Communion, plus a time for rededication.

So we can be sure to reserve enough rooms, Annunciation Cathedral is being asked to indicate the approximate number of participants we may have, including chaperons (one for every 8 participants) by December 1st. Meanwhile, if parents or GOY-ANS have any other questions they may contact Mike Canellos at the Cathedral at 415 864-8815 or Fr. Michael Tervo, frmichael@groca.org, 510 531-3400.

ORATORICAL FESTIVAL TO CELEBRATE 25TH ANNIVERSARY

The St. John Chrysostom Oratorical Festival will mark its 25 th anniversary with the national finals in June 2008. Over the years, the festival has given thousands of teenagers "an opportunity to learn, write and speak about their Orthodox faith, Church and heritage." A program that began with the participation of 73 parishes in 1984 has grown to 203 parishes in 2007. In 1983, Mr. Ernest Villas, the Department of Religious Education Director, established the Oratorical Festival. Mr. Villas and Minerva Stergianopoulos, the first Archdiocese Oratorical Festival chairman, wrote the first Oratorical Festival Manual.

The first national Oratorical Festival finals were held in New York City during the 1984 Clergy-Laity Congress. Finalists from the 10 dioceses, which then included Canada, participated. The top speakers in each division took part in a panel discussion the following day. The 1985 Oratorical Festival finals were held in St. Louis and the Rev. George Zervos served as the national chairman. In 1986, the finals were held at the Clergy-Laity Congress in Dallas. Detroit was the host city in 1987 and the final time that the Oratorical Festival was combined with a Clergy-Laity Congress was in 1988 in Boston. Since then, the Oratorical Festival finals have been hosted by parishes within each of the metropolises on a rotating basis each year during a weekend in June. The Annunciation Cathedral hosted the Archdiocese Oratorical Festival in San Francisco June 2-4, 2006. It was an outstanding festival, with Archbishop Demetrios of America presiding and including participants from all the metropolises of the Archdiocese. It also set the bar quite high. People are still talking about the wonderful hospitality which was extended to the festival participants and their families.

The Rev. John and Presbytera Margaret Orfanakos have been serving as Archdiocese National Festival co-chairs since 1985. Mr. Villas was succeeded as director of the Department of Religious Education by the Rev. Dr. Frank Marangos in 1997, who served for 10 years. The current director is Dr. Anton Vrame. The Metropolis of Boston will host the 25th St. John Chrysostom Oratorical Festival finals on June 6-8, 2008. Fr. Agathonikos Wilson, pastor of St. Nicholas Church in Lexington, Massachusetts will chair the host committee, which will begin its planning meetings in October.

Each year, former Diocese/Metropolis Oratorical Festival finalists from the host metropolis are invited to the finals. As part of the 25th anniversary observance, the Department of Religious Education asks previous finalists to contact the department to provide an update on what they have been doing since their participation. Please contact the Department of Religious Education at 50 Goddard Avenue, Brookline, MA 02445 -7415, or via e-mail at religioused@goarch.org , or telephone at (617) 850-1218.

NATIONAL YOUNG ADULT RETREAT SEPT. 14-16

he retreat will take place at Hellenic College/Greek Orthodox School of Theology, Brookline, MA, and will feature Father Luke Veronis as Keynote Speaker. Young Adults, ages 18-35, are invited to participate. For further information, please log on to www.youth.goarch.org.

NATIONAL YOUNG ADULT PILGRIMAGE NOV. 2-10

he pilgrimage to Florence, Ravenna, and Constantinople will be led by **His Grace Bish**op Savas of Troas. Young Adults, ages 18-35, are invited to participate in this historic journey. For further information, please log on to www.youth.goarch.org or call 646.519.6180.

LOOKING FOR CLEANING PERSON/CLEANING SERVICE

The Cathedral is looking for an individual or for a cleaning service which will work, on a part-time basis, to clean our facilities. For the past couple of years, we have used a cleaning service. The service did the cleaning both for the school and for the church. Interested parties should call the Cathedral at 415 864-8000 and speak with Mariam Arsinoos.















HVAC SYSTEM

Te are pleased to announce that our Heating, Ventilation and Air Conditioning System is currently being worked on, with a view to making it run efficiently and effectively. For some time since its installation, the system simply has not worked. Alternately, the problem has been a computer glitch, or the compressor has failed, the boiler tripped off, or something such. Finally, the system is being reevaluated and worked on. To date, the heating and air conditioning system in the administrative wing has been restored. Next, will be the roof compressors and cooling pipes. Finally, the boiler will be up and running, so that we no longer have to freeze in the chapel during the winter, or pass out from lack of air circulation during the summer. We will keep you posted.

As a bird without wings, as a soldier without arms, so is a Christian without prayer.

Saint Tikhon of Zadonsk Eighteenth Century

A BLUE AND WHITE BALL

s we announced in the June Herald, an additional celebration is being planned in connection with the Feast of the Annunciation. March 25th is the Cathedral's feast day. We celebrate it with Great Vespers and, of course, the Divine Liturgy. Following the Liturgy, we hold a luncheon and name a Woman of the Year. Typically, since March 25th falls within the Great and Holy Lent, we refrain from any other kind of celebration. However, it is time we change all that. And this is because, given the unique role of the Cathedral as the ecclesiastical center for the Metropolis, as well as the fact that we will be embarking on a building program, we need to draw attention to it and to its undertakings. Therefore, beginning in 2008, and in view of the fact that Pascha will fall

later in April (April 27, to be exact), we will hold a spring ball. A stroke of genius, expressed at our May 24th Philoptochos meeting, that it be known as the Blue and White Ball settles it. (Why not? After all, blue and white are the colors of the Greek flag, and they are our parish colors!) We are planning to hold the Blue and White Ball every year. While the ball will be known as the Blue and White Ball, each year we will do something different, like launch a building program, or burn a mortgage, or honor individuals, or families, and their services to the community. We will begin, in 2008, by honoring the Ladies Philoptochos. Established in 1934, the Philoptohos (literally, "friend of the poor") has played a vital role in the development and maintenance of the Cathedral. It was even in the forefront of the Cathedral's rebuilding efforts, by raising and contributing the first \$1 million. So, we ask you to save the date. The date is Sunday, March 9, 2008. The Cathedral's Blue and White Ball will take place at Westin Hotel, Burlingame.

THE CATHEDRAL'S ON LINE DONATIONS LINK IS UP AND RUNNING

The on-line donations feature of our web site, which we call e donations, has been utilized extensively in connection with donations to Ariana's Cure, which helped raise over \$100,000 for Morquio research. Thanks to the efforts of Nick Rally, who set up the program, making contributions to the Cathedral and to its various ministries has been greatly simplified. To donate to the Cathedral electronically, simply log on to our site (www.annunciation.org). Then, click on "Donations." A page comes up which invites you to: --donate to the General Fund, --make a Stewardship Payment, --donate to the Youth Fund, --donate to the Community Outreach/Ministries Fund, --make a Memorial Donation, --donate to the Food Festival Fund

After clicking on the appropriate button, you will be asked for additional information, including your credit card number, your name and address, and the amount you would like to contribute. The information you provide will go through a secure processor. The processor (PayPal) will then see to it that the funds are transferred, as you direct. The Cathedral, in turn, will receive a report from the processor and credit your account accordingly. Of course, you may continue to make your contributions in the traditional method, by check or by Visa, Mastercard or American Express. Now, with the addition of the e donations feature to our web site, parishioners and friends of the Cathedral have additional options for expressing their financial support.

ΚΟΙΝΟΤΙΚΑ ΝΕΑ ΚΑΙ ΑΝΑΚΟΙΝΩΣΕΙΣ

ΤΟ ΕΦΕΤΙΝΟ ΦΕΣΤΙΒΑΛ: 28, 29, 30 ΣΕΠΤΕΜΒΡΙΟΥ

Το φεστιβάλ του Καθεδρικού Ναού, όπως έχει ανακοινωθεί, θα γίνει στις 28, 29 και 30 Σεπτεμβρίου. Οι ώρες λειτουργίας του είναι την Παρασκευή 28 Σεπτεμβρίου: 11 π.μ. έως 10 μ.μ., ἐπίσης το Σάββατο 29 Σεπτεμβρίου: 11 π.μ. έως 10 μ.μ., και την Κυριακή 30 Σεπτεμβρίου: 12 μεσημέρι έως 9 μ.μ. Στο αγγλικό μέρος του παρόντος δελτίου θε βρείτε το πρόγραμμα - - τις ημέρες και τις ώρες - - που θα ψηθούν τα διάφορα φαγητά που θα σερβιριστούν κατά την διάρκεια του φεστιβάλ, με την ελπίδα και την προσδοκία ότι, όπως κάθε χρόνο, θα έλθετε να βοηθήσετε. Αναφορικά με το φεστιβάλ του Καθεδρικού Ναού, εντός ολίγων ημερών, θα σταλλούν στα μέλη μας και στους φίλους του Καθεδρικού Ναού κάρτες-διαφημιστικά είδη για να μοιράσετε σε γνωστούς, συναδελφους η γειτώνους σας ως επίσης και εισιτήρια για το λαχείο που γίνεται εν σχέσει με το φεστιβάλ, οι εισπράξεις του οποίου έχουν καθοριστεί για την "Θεραπεία της Αριάνας".

ΤΟ ΙΔΡΥΜΑ ΠΑ ΤΡΙΑΡΧΗΣ ΑΘΗΝΑΓΟΡΑΣ ΚΑΛΩΣΟΡΙΖΕΙ ΤΟΝ ΜΗΤ-ΡΟΠΟΛΙΤΗ ΝΙΚΗΤΑ

Το ίδρυμα "Πατριάρχης Αθηναγόρας", που στεγάζεται στο Μπέρκλεϋ, ανακοινώνει την άφιξη του Μητροπολίτη Νικήτα ως διευθυντή του ιδρύματος. Ο Μητροπολίτης χρημάτησε Μητροπολίτης Χογκ Κογκ την τελευταία δεκαετία. Είναι απόφοιτος της θεολογικής μας σχολής του Τιμίου Σταυρού, έκαμε δε τις μεταπτυχιακές του σπουδές στο Πανεπιστήμιο Θεσσαλονίκης. Την Κυριακή 16 Σεπτεμβρίου το ίδρυμα "Πατριάρχης Αθηναγόρας" μαζί με τον Σεβασμιώτατο Μητροπολίτη Αγίου Φραγκίσκου κ. Γεράσιμο οργανώνουν δείπνο για να καλωςορίσουν τον Μητροπολίτη Νικήτα. Το δείπνο θα λάβει χώρα στην Εκκλησία της Αναλήψεως, Όκλανδ, με υποδοχή στις 6 μ.μ. και στη συνέχεια το φαγητό στις 7 μ.μ. Για περισσότερες πληροφορίες και για να κλείσετε θέσεις παρακαλείσθε όπως τηλεφωνήσετε στο γραφείο του Καθεδρικού Ναού, στο 415 864-8000, όσον το δυνατόν πιό γρήγορα.

Η ΦΙΛΟΠΤΩΧΟΣ ΟΡΓΑΝ-ΩΝΕΙ ΔΥΟ ΕΚΡΟΜΕΣ

Η Φιλόπτωχος Αδελφότητα του Καθεδρικού Ναού οργανώνει δύο εκδρομές, με λεωφορείο, τον Οκτώβριο. Η πρώτη έχει προορισμό το κτήμα Φιλόλι, το Μολ του Στάνφορντ και το οινοποιείον Τεσταρόσα. Θα λάβει χώρα τη Πέμπτη 11 Οκτωβρίου. Το κόστος είναι \$35 το άτομο. Για να κλείσετε θέσεις τηλεφωνήστε στην Ελένη

Μαρκάντον, στο 415 922-1794. Το δεύτερο θα ξεκινήσει την Παρασκευή 26 Οκτωβρίου για το Μακεδονικό Πάρκο, όπου θα μεταβούμε να τελέσουμε τη Θεία Λειτουργία. Αφού φάμε το μεσημέρι θα συνεχίσουμε για το Ρήνο, όπου θα διανυκτερεύσουμε, φεύγοντας από το Ρήνο το Σάββατο 27 Οκτωβρίου, και φθάνοντας στον Καθεδρικό Ναό κατα τις 3 το μεσημέρι. Το κόστος για το δεύτερο ταξίδι είναι \$65 για το λεωφορείο, και \$120 για το δωμάτιο. Εάν θα μείνουν δυο άτομα στο δωμάτιο, τότε το κόστος για το δωμάτιο θα είναι \$60 το άτομο. Το ξενοδοχείο, το Χάρας, χαρίζει από ένα βιβλιαράκι το άτομο, με κουπόνια αξίας \$150, για φαγητό κλπ. Για να κλείσετε θέσεις για το δεύτερο αύτο ταξίδι παρακαλείσθε όπως πάρετε το γραφείο του Καθεδρικού Ναού, στο 415 864-8000, δηλώνοντας τη συμμετοχή σας και στη συνέχεια το ξενοδοχείο, στο 1-800-423-1121, ζητώντας τη κ. Έλλεν Λανδίνο, η οποία θα σας εξυπηρετήσει.

ΕΛΛΗΝΙΚΟ-ΚΑΤΗΧΗΤΙΚΟ ΣΧΟΛΕΙΟ

Όπως εσημειώσαμε στο αγγλικό μέρος του παρόντος δελτίου, ως και στα κυριακάτικα μας δελτία, το Κατηχητικό Σχολείο θα αρχίσει από την Κυριακή 9 Σεπτεμβρίου, 10:30 π.μ. έως τις 12 το μεσημέρι. Όπως πάντα, σας παροτρύνομε να φέρετε τα παιδιά σας. Έτσι στο εκκλησιαστικό

αυτό περιβάλλον, μαζί με άλλα Ελληνορθόδοξα παιδιά, θα διδαχθούν τα βασικά της Πίστης μας, θα έχουν και την πολύτιμη εμπηρεία της συμμετοχής στην Θεία Λειτουργία. Όσον για το Ελληνικό Σχολείο, ο Καθεδρικός Ναός προσπαθεί να εύρει δάσκαλο η δασκάλα που θα μπορέσει να "μαζέψει" παιδιά, διδάσκοντάς τα ελληνικά. Παραδεχόμαστε ότι οι περισσότεροι από εμάς δεν ομιλούμε ελληνικά στα σπίτια μας πλέον. Όμως, θάταν κρίμα (αν όχι και αμαρτία) να χαθεί τόσο εύκολα η γλώσσα μας, που είναι και σημείο ταυτότητος άλλα που είναι και η γλώσσα της Αγίας Γραφής και της λατρείας της Εκκλησίας μας. Όσοι λοιοπόν ενδιαφέρονται παρακαλούνται να επικοινωνήσουν με τον Πατέρα Στυλιανό, στο 415 864-8000.



Fathers and mothers:
Go and lead your child by the hand into the Church.

Saint John Chrysostom

Sacraments & Services

BAPTISMS

Alexander Mariano, son of Dustin and Chrisoula Novo, was baptized at the Cathedral on June 23. His Godparents are Nick and Angela Loxas.

Rami Karim, son of Assad G. Khalaf and Houda Latifi was baptized on June 23. His sponsors are George Assad Khalaf and Odette George Khalaf.

Da'liah Leah, daughter of Delwan Blazer and Helen Woldemicael, was baptized on June 24. Her sponsor is Helen Andy.

Cole George Horst, son of Charles Friedrick Hardtke and Sonia Recbecca Hishmeh, was baptized on August 4. His sponsors are Mary Musalam and Spiro Hanna Hishmeh.

Christian Alexander, son of Richard Henry Kleinekorte and Alexandra Ossipoff, was baptized on August 19. His sponsors are Costas A. Vellis and Kallie Vellis.

Persefone, daughter of David Paul Neeve and Anastasia Scourkes, was baptized on August 19. Her sponsor is Athena Scourkes.

Na maz zisoun! (Long life)



The marriage of Louis Evans
Canotas, son of the late Plato and
Fanny Canotas, and Caitlin Crosby
Davis, daughter of Christopher and
Cynthia Davis, was blessed on
August 18. Their sponsor is Thomas
McCue.

The marriage of John Lampros, son of Katherine and the late Theodore Lampros and Magdalene Margiannis, daughter of Vasilios Margiannis and Anna Margiannis, was blessed on August 25. Their sponsor is Thanacis Skorinis.

Na mas zisoun! (Long life)



Mary Karsant, who fell asleep in the Lord on July 6, was buried on July 13. She is survived by her children, Anna Marie, Athena, and Drs. George, Constantine and Peter Karsant.

Emmanuel George Yannaghas, who fell asleep in the Lord on July 31, was buried on August 7. He is survived by his wife Mary Yannaghas, and their daughters Kathy Karsant and Vicky Samaras.

Aristides G. Mantzoros, who fell asleep in the Lord on August 6, was buried on August 14. He is survived by his wife, Katherine Mantzoros, and their daughters, Eugenia Mantzoros and Georgia Sclavos.

Marina Vafiadis, who fell asleep in the Lord on August 14, was buried on August 21. She is survived by her siblings Vaso, Golfo, Sotiria, Panagiotis, and Dimitris, seven nieces, seven nephews, several Godchildren, and three step-children.

Aionia I mnimi. (Eternal memory)



SEPTEMBER CALENDAR

OT 177 177								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.		Dance Practice 7 p.m.				1		
2	3	4	5	6	7	8		
Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.		Dance Practice 7 p.m.	Holy Unction, 10 a.m.; Bible Study	Learning Community 7 p.m.		Nativity of the Theotokos, Liturgy 10 a.m.		
9	10	11	12	13	14	15		
Orthros 9:00 a.m. Divine Liturgy 10:30 a.m. Sunday School Begins Festival Volunteer Sunday, Class on Orthodoxy 9 a.m. Bible Study in Greek, noon		Dance Practice 7 p.m.	Paraklesis, 10 a.m.; Bible Study Galaktoboureko, 9 a.m.	Philoptochos General Meeting 1:00 p.m. Volleyball/GOYA meeting, 7 p.m. Learning Community, 7 p.m.	Elevation of the Holy Cross, Liturgy 10 a.m.	Community Link, 9 a.m.		
16	17	18	19	20	21	22		
Orthros 9:00 a.m. Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Bible Study in Greek, noon Metropolitan Nikitas Dinner, 6 p.m.		Kourambiedes, 9 a.m. Dance Practice 7 p.m.	Paraklesis, 10 a.m.; Bible Study Bell peppers, 9 a.m. Parish Council, 7 p.m.					
23	24	25	26	27	28	29		
Orthros 9:00 a.m. Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Bible Study in Greek, noon	Dolmades, 9 a.m.	Souvlakia prep., 5:30 p.m. Dance Practice 7 p.m.	Paraclesis, 10 a.m. Bible Study Rizogalo, 9 a.m.		Food Festival 11 a.m 10 p.m.	Food Festival 11 a.m 10 p.m.		
30								
Orthros 9:00 a.m. Divine Liturgy 10:30 a.m. Food Festival noon - 9 p.m.								

UNITED GREEK ORTHODOX COMMUNITY OF SAN FRANCISCO, THE ANNUNCIATION ANNUNCIATION CATHEDRAL 245 VALENCIA STREET, SAN FRANCISCO, CA 94103-2320

NON-PROFIT ORG. U.S. POSTAGE PAID SAN FRANCISCO, CA PERMIT NO. 1734

Orthodox Institute 2311 Hearst Ave Berkeley CA 94709-1319

Haladadla dha da an dha dha dha dha dha dha dh

LOOKING AHEAD

Thursday, October 11	Filoli Estate Bus Trip
Sunday, October 21	Parish Assembly
Friday, October 26-Saturday, October 27	Calistoga/Reno Bus Trip
Sunday, November 4	. Janey Bennett Book Reading/Signing
Sunday, November 18	Pre-Thanksgiving Luncheon
	Honoring our Seniors
Sunday, December 16	Sunday School Christmas Program
	Parish Council Elections
Sunday, January 13, 2008	Vasilopita & Brunch
Friday, January 18, 2008	Crab Feed
Sunday, March 9, 2008	Annunciation Cathedral
	Blue and White Ball:
	Honoring Philoptochos